



Navigating Medical Complexity

medicalcomplexity.org



As you explore Navigating Medical Complexity, you will have your own ideas, reactions and questions. You can use this worksheet to track your thoughts and questions or to help you have conversations with your child's providers.

The following questions may prompt your thinking:

- Did you learn something new?
- Do you feel differently about something after reviewing this material? Did it resonate, or did you disagree, or something else?
- Would it help to share your thoughts with someone else? With whom?
- Is there more that you would like to learn or questions you want to ask? Who on your team might you ask?

Topic	Notes and Questions

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